

St. Olaf Lutheran Church
Sunday, August 8, 2021
9 am Traditional Service
Lectionary 19, Year B

Introduction

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself up for us. The whole purpose of life is giving yourself for the other.

Confession and Forgiveness

All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.

P: Blessed be the holy Trinity, † one God,
the God of manna,
the God of miracles,
the God of mercy.
Amen.

AM: Drawn to Christ and seeking God's abundance,
let us confess our sin.

Silence is kept for reflection.

AM: God, our provider,
help us.
It is hard to believe there is enough to share.
We question your ways when they differ from the ways
of the world in which we live.
We turn to our own understanding
rather than trusting in you.
We take offense at your teachings and your ways.
Turn us again to you.
Where else can we turn?
Share with us the words of eternal life
and feed us for life in the world.
Amen.

P: Beloved people of God:
in Jesus, the manna from heaven,
you are fed and nourished.
By Jesus, the worker of miracles,
there is always more than enough.
Through Jesus, † the bread of life,
you are shown God's mercy:
u are forgiven and loved into abundant life.
Amen.

P: The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

C: **And also with you.**

AM: In peace, let us pray to the Lord.

Lord, have mercy.

For the peace from above, and for our salvation, let us pray to the Lord.

Lord have mercy.

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

Lord have mercy.

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

Lord have mercy.

Help, save, comfort, and defend us, gracious Lord.

Amen.

***Glory to God**

p. 139

Prayer of the Day

AM: Let us pray.

C: **Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord.
Amen.**

(Please be seated)

First Reading: 1 Kings 19:4-8

First Kings chapter 18 describes the contest between Elijah and the prophets of Baal. The contest proves that the LORD is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.

⁴[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."⁵Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."⁶He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. ⁷The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."⁸He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

L: Word of God, word of life.

C: Thanks be to God.

Psalm: Psalm 34:1-8

Taste and see that the LORD is good. (Ps. 34:8)

¹I will bless the LORD¹ at all times;
the praise of God shall ever be ¹in my mouth.

²**I will glory ¹in the LORD;**
let the lowly hear ¹and rejoice.

³Proclaim with me the greatness ¹of the LORD;
let us exalt God's ¹name together.

⁴**I sought the LORD, who ¹answered me**
and delivered me from ¹all my terrors.

⁵Look upon the LORD¹ and be radiant,
and let not your faces ¹be ashamed.

⁶**I called in my affliction, and ¹the LORD heard me**
and saved me from ¹all my troubles.

⁷The angel of the LORD encamps around those who ¹fear the LORD
and de- ¹livers them.

⁸**Taste and see that the ¹LORD is good;**
happy are they who take ref- ¹uge in God!

Second Reading: Ephesians 4:25--5:2

Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.

²⁵So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. ²⁶Be angry but do not sin; do not let the sun go down on your anger, ²⁷and do not make room for the devil. ²⁸Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. ²⁹Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³²and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. ^{5:1}Therefore be imitators of God, as beloved children, ²and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

L: Word of God, word of life

C: Thanks be to God.

*Gospel Acclamation

Al - le - lu - ia. Lord, to whom shall we go? You have the
words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

Gospel: John 6:35, 41-51

P: The Holy Gospel according to St. John, the 6th chapter.

C: Glory to you, O Lord.

³⁵Jesus said to [the crowd,] “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. ⁴¹Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” ⁴²They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven?’” ⁴³Jesus answered them, “Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors

ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

P: The gospel of our Lord.

C: **Praise to you, O Christ.**

CHILDREN’S SERMON

Emily Wikner

SERMON

Grace Braun

HYMN

“O Living Bread From Heaven”

ELW 542

Prayers of Intercession

AM: Lord, in your mercy,
hear our prayer.

We lift our prayers to you, O God, trusting in your abiding grace.
Amen.

Peace

P: The peace of Christ be with you always.

C: **And also with you. (feel free to do an ‘air’ high five or a peace sign).**

Offering

Thank you for joining us in worship. At this time we will receive the offering for the mission and ministry at St. Olaf Lutheran Church. Our congregation relies on the generosity of God’s people to sustain the work of our Lord. You can give by mailing a check to the church or on our Paypal link [paypal.me/stolaffd](https://www.paypal.com/donate/?url=https://www.stolaf.org)

*** Offering Prayer**

AM: O God,
receive these gifts as you receive us:
like a mother receives her child, with arms open wide.
Nourish us anew in your tender care,
and empower us in faithful service
to tend to others with this same love,
through Jesus Christ, our saving grace.

Amen.

***Lord's Prayer**

**Our Father
Who art in Heaven
Hallowed be thy name
Thy kingdom come
Thy will be done
On earth as it is in Heaven
Give us this day our daily bread
And forgive us our trespasses
As we forgive those who trespass against us
And lead us not into temptation
But deliver us from evil
For thine is the Kingdom
and the power and the glory
Forever and ever.
Amen.**

***Blessing**

May the God of all creation,
in whose image we are made,
who claims us and calls us beloved,
who strengthens us for service,
give you reason to rejoice and be glad!
The blessing of God,
Sovereign, † Savior, and Spirit,
be with you today and always.
Amen.

HYMN

“Be Thou My Vision”

ELW 793*

Dismissal

AM: Go in peace. You are the body of Christ.

C: **Thanks be to God.**

Assisting in Worship

| | | | |
|---------------------|--|-------------------|--|
| Presider: | Grace Braun | Reader: | Dave Sauer |
| Assisting Minister: | Pastor Emily Sauer | Greeters: | Gloria & Doug Kinseth |
| Children's Sermon: | Emily Wikner | Ushers: | Mitch Craigmile, Doug Seltz Dave Stickrod |
| Organist: | Jason Swedlund | Bus: | Loren Miller |
| Sound Tech(s): | Marc Matthes Mark Oester Robert Younie | Fellowship Hosts: | Dave & Carrie Sauer |

Galatians 6:9-10

⁹ Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. ¹⁰ Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.

Thank you to all who labor on the Lord's behalf!