

**St. Olaf Lutheran Church**  
**Sunday, August 8, 2021**  
**9 am Traditional Service**  
**Lectionary 19, Year B**

**Introduction**

Jesus says that the bread he gives for the life of the world is his flesh, and whoever eats this bread has eternal life now and will be raised on the last day. In Ephesians Paul tells us what this life Jesus gives us looks like, this life we live as those marked with the seal of the Holy Spirit in baptism. We live in love, as Christ loved us and gave himself up for us. The whole purpose of life is giving yourself for the other.

**Confession and Forgiveness**

*All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.*

P: Blessed be the holy Trinity, † one God,  
the God of manna,  
the God of miracles,  
the God of mercy.  
**Amen.**

AM: Drawn to Christ and seeking God's abundance,  
let us confess our sin.

*Silence is kept for reflection.*

AM: God, our provider,  
**help us.**  
**It is hard to believe there is enough to share.**  
**We question your ways when they differ from the ways**  
**of the world in which we live.**  
**We turn to our own understanding**  
**rather than trusting in you.**  
**We take offense at your teachings and your ways.**  
**Turn us again to you.**  
**Where else can we turn?**  
**Share with us the words of eternal life**  
**and feed us for life in the world.**  
**Amen.**

P: Beloved people of God:  
in Jesus, the manna from heaven,  
you are fed and nourished.  
By Jesus, the worker of miracles,  
there is always more than enough.  
Through Jesus, † the bread of life,  
you are shown God's mercy:  
u are forgiven and loved into abundant life.  
**Amen.**

P: The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

C: **And also with you.**

AM: In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above, and for our salvation, let us pray to the Lord.

**Lord have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

**Lord have mercy.**

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

**Lord have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen.**

**\*Glory to God**

**p. 139**

**Prayer of the Day**

AM: Let us pray.

C: **Gracious God, your blessed Son came down from heaven to be the true bread that gives life to the world. Give us this bread always, that he may live in us and we in him, and that, strengthened by this food, we may live as his body in the world, through Jesus Christ, our Savior and Lord.  
Amen.**

*(Please be seated)*

## First Reading: 1 Kings 19:4-8

*First Kings chapter 18 describes the contest between Elijah and the prophets of Baal. The contest proves that the LORD is God, and afterward Elijah orders the killing of the Baal prophets. Angered by the deaths of her prophets, Queen Jezebel threatens to kill Elijah. This reading finds Elijah fleeing, fatigued, and in utter despair.*

<sup>4</sup>[Elijah] went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O LORD, take away my life, for I am no better than my ancestors."<sup>5</sup>Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat."<sup>6</sup>He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. <sup>7</sup>The angel of the LORD came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you."<sup>8</sup>He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

L: Word of God, word of life.

**C: Thanks be to God.**

## Psalm: Psalm 34:1-8

*Taste and see that the LORD is good. (Ps. 34:8)*

<sup>1</sup>I will bless the LORD<sup>1</sup> at all times;  
the praise of God shall ever be <sup>1</sup>in my mouth.

<sup>2</sup>**I will glory <sup>1</sup>in the LORD;**  
**let the lowly hear <sup>1</sup>and rejoice.**

<sup>3</sup>Proclaim with me the greatness <sup>1</sup>of the LORD;  
let us exalt God's <sup>1</sup>name together.

<sup>4</sup>**I sought the LORD, who <sup>1</sup>answered me**  
**and delivered me from <sup>1</sup>all my terrors.**

<sup>5</sup>Look upon the LORD<sup>1</sup> and be radiant,  
and let not your faces <sup>1</sup>be ashamed.

<sup>6</sup>**I called in my affliction, and <sup>1</sup>the LORD heard me**  
**and saved me from <sup>1</sup>all my troubles.**

<sup>7</sup>The angel of the LORD encamps around those who <sup>1</sup>fear the LORD  
and de- <sup>1</sup>livers them.

<sup>8</sup>**Taste and see that the <sup>1</sup>LORD is good;**  
**happy are they who take ref- <sup>1</sup>uge in God!**

## Second Reading: Ephesians 4:25--5:2

*Christians are called to be imitators of God. This does not mean Christians are perfect. Rather, the Spirit is at work in our lives so that our actions and attitudes genuinely reflect the love and forgiveness we have received through Christ and his death.*

<sup>25</sup>So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. <sup>26</sup>Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup>and do not make room for the devil. <sup>28</sup>Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup>Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup>Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup>and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. <sup>5:1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

L: Word of God, word of life

**C: Thanks be to God.**

### \*Gospel Acclamation

Al - le - lu - ia. Lord, to whom shall we go? You have the  
words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

### Gospel: John 6:35, 41-51

P: The Holy Gospel according to St. John, the 6th chapter.

**C: Glory to you, O Lord.**

<sup>35</sup>Jesus said to [the crowd,] “I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty. <sup>41</sup>Then the Jews began to complain about him because he said, “I am the bread that came down from heaven.” <sup>42</sup>They were saying, “Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, ‘I have come down from heaven?’” <sup>43</sup>Jesus answered them, “Do not complain among yourselves. <sup>44</sup>No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. <sup>45</sup>It is written in the prophets, ‘And they shall all be taught by God.’ Everyone who has heard and learned from the Father comes to me. <sup>46</sup>Not that anyone has seen the Father except the one who is from God; he has seen the Father. <sup>47</sup>Very truly, I tell you, whoever believes has eternal life. <sup>48</sup>I am the bread of life. <sup>49</sup>Your ancestors

ate the manna in the wilderness, and they died. <sup>50</sup>This is the bread that comes down from heaven, so that one may eat of it and not die. <sup>51</sup>I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh.”

P: The gospel of our Lord.

C: **Praise to you, O Christ.**

**CHILDREN’S SERMON**

*Emily Wikner*

**SERMON**

*Grace Braun*

**HYMN**

*“O Living Bread From Heaven”*

**ELW 542**

**Prayers of Intercession**

AM: Lord, in your mercy,  
**hear our prayer.**

We lift our prayers to you, O God, trusting in your abiding grace.  
**Amen.**

**Peace**

P: The peace of Christ be with you always.

C: **And also with you. (feel free to do an ‘air’ high five or a peace sign).**

**Offering**

*Thank you for joining us in worship. At this time we will receive the offering for the mission and ministry at St. Olaf Lutheran Church. Our congregation relies on the generosity of God’s people to sustain the work of our Lord. You can give by mailing a check to the church or on our Paypal link [paypal.me/stolaffd](https://paypal.me/stolaffd)*

**\* Offering Prayer**

AM: O God,  
receive these gifts as you receive us:  
like a mother receives her child, with arms open wide.  
Nourish us anew in your tender care,  
and empower us in faithful service  
to tend to others with this same love,  
through Jesus Christ, our saving grace.

**Amen.**

## **\*Lord's Prayer**

**Our Father  
Who art in Heaven  
Hallowed be thy name  
Thy kingdom come  
Thy will be done  
On earth as it is in Heaven  
Give us this day our daily bread  
And forgive us our trespasses  
As we forgive those who trespass against us  
And lead us not into temptation  
But deliver us from evil  
For thine is the Kingdom  
and the power and the glory  
Forever and ever.  
Amen.**

## **\*Blessing**

May the God of all creation,  
in whose image we are made,  
who claims us and calls us beloved,  
who strengthens us for service,  
give you reason to rejoice and be glad!  
The blessing of God,  
Sovereign, † Savior, and Spirit,  
be with you today and always.  
**Amen.**

**HYMN**

***“Be Thou My Vision”***

***ELW 793\****

## **Dismissal**

**AM:** Go in peace. You are the body of Christ.

**C:** **Thanks be to God.**

## **Assisting in Worship**

Presider: Grace Braun  
Assisting Minister: Pastor Emily Sauer  
Children's Sermon: Emily Wikner  
Organist: Jason Swedlund  
Sound Tech(s): Marc Matthes  
Mark Oester  
Robert Younie

Reader: Dave Sauer  
Greeters: Gloria & Doug Kinseth  
Ushers: Mitch Craigmile, Doug Seltz  
Dave Stickrod  
Bus: Loren Miller  
Fellowship Hosts: Dave & Carrie Sauer

*Galatians 6:9-10*

*⁹ Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. ¹⁰ Therefore, as we have opportunity, let us do good to all people, especially to those who belong to the family of believers.*

*Thank you to all who labor on the Lord's behalf!*