

**St. Olaf Lutheran Church**  
**Sunday, August 1, 2021**  
**9 am Traditional Service**  
**Lectionary 18, Year B**

**Introduction**

Apparently not satisfied by Jesus' feeding of thousands, some who were there press him for a sign of his power; perhaps it is daily manna they want. As always in John's gospel when people want a sign, Jesus offers himself. He is the bread come from heaven to give life to the world. He calls us to come to him and believe in him, and through that relationship to know the one who sent him.

**Confession and Forgiveness**

*All may make the sign of the cross, the sign marked at baptism, as the presiding minister begins.*

P: Blessed be the holy Trinity, † one God,  
whose voice is upon the waters,  
whose mercy is poured out upon all people,  
whose goodness cascades over all creation.  
**Amen.**

AM: Let us confess our sin, trusting in the abundant grace of God.

*Silence is kept for reflection.*

AM: Holy God,  
**you search us and know us.**  
**You are acquainted with all our ways.**  
**We confess that our hearts are burdened by sin—**  
**our own sins and the broken systems that bind us.**  
**We turn inward, failing to follow**  
**your outward way of love.**  
**We distrust those who are not like us.**  
**We exploit the earth and its resources**  
**and fail to consider generations to come.**  
**Forgive us, gracious God,**  
**for all we have done and left undone.**  
**Even before the words are on our tongues,**  
**you know them;**  
**receive them in your divine mercy.**  
**Amen.**

P: How vast is God's grace!  
Through the power and promise of † Christ Jesus,  
our sins are washed away  
and we are claimed as God's own beloved.  
Indeed, we are forgiven.

In the wake of God's forgiveness,  
we are called to be the beloved community  
living out Christ's justice  
and the Spirit's reconciling peace.

**Amen.**

**\*HYMN**

***"Blest Be the Tie That Binds"***

**ELW 656**

**P:** The grace of our Lord Jesus Christ, the love of God and the communion of the Holy Spirit be with you all.

**C:** **And also with you.**

**AM:** In peace, let us pray to the Lord.

**Lord, have mercy.**

For the peace from above, and for our salvation, let us pray to the Lord.

**Lord have mercy.**

For the peace of the whole world, for the well-being of the church of God, and for the unity of all, let us pray to the Lord.

**Lord have mercy.**

For this holy house, and for all who offer here their worship and praise, let us pray to the Lord.

**Lord have mercy.**

Help, save, comfort, and defend us, gracious Lord.

**Amen.**

**This is the feast of victory for our God.**

**Alleluia, alleluia, alleluia.**

**Worthy is Christ, the Lamb who was slain,  
whose blood set us free to be people of God.**

**This is the feast of victory for our God.**

**Alleluia, alleluia, alleluia.**

**Power, riches, wisdom and strength,  
and honor, blessing, and glory are his.**

**This is the feast of victory for our God.**

**Alleluia, alleluia, alleluia.**

**Sing with all the people of God,**

**and join in the hymn of all creation:**

**Blessing, honor, glory, and might**

**be to God and the Lamb forever. Amen.**

**This is the feast of victory for our God.**

**Alleluia, alleluia, alleluia.**

**For the Lamb who was slain has begun his reign.**

**Alleluia.**

**This is the feast of victory for our God.**

**Alleluia, alleluia, alleluia.**

## **Prayer of the Day**

AM: Let us pray.

**C: O God, from you come all holy desires, all good counsels, and all just works. Give to us, your servants, that peace which the world cannot give, that our hearts may be set to obey your commandments; and also that we, being defended from the fear of our enemies, may live in peace and quietness, through Jesus Christ, our Savior and Lord. Amen.**

## **First Reading: Exodus 16:2-4, 9-15**

*A food crisis becomes a faith crisis for the Israelites in the wilderness. The hungry people forget God's saving work in the exodus, and they wish for the food they had in Egypt. Nevertheless, God miraculously meets their needs, with manna for bread and quail for meat.*

<sup>2</sup>The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. <sup>3</sup>The Israelites said to them, "If only we had died by the hand of the LORD in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger."

<sup>4</sup>Then the LORD said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not."

<sup>9</sup>Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the LORD, for he has heard your complaining.'" <sup>10</sup>And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the LORD appeared in the cloud. <sup>11</sup>The LORD spoke to Moses and said, <sup>12</sup>"I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the LORD your God.'" "

<sup>13</sup>In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. <sup>14</sup>When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. <sup>15</sup>When the Israelites saw it, they said to one another, “What is it?” For they did not know what it was. Moses said to them, “It is the bread that the LORD has given you to eat.”

L: Word of God, word of life.

C: **Thanks be to God.**

## **Psalm 78:23-29**

<sup>23</sup>So God commanded the | clouds above  
and opened the | doors of heaven,

<sup>24</sup>**raining down manna upon | them to eat  
and giving them | grain from heaven.**

<sup>25</sup>So mortals ate the | bread of angels;  
God provided for them | food enough.

<sup>26</sup>**The LORD caused the east wind to blow | in the heavens  
and powerfully led out | the south wind,**

<sup>27</sup>raining down flesh upon | them like dust  
and flying birds like the sand | of the seas,

<sup>28</sup>**letting them fall in the midst | of the camp  
and round a- | bout the dwellings.**

<sup>29</sup>So the people ate and | were well filled,  
for God gave them | what they craved.

## **Second Reading: Ephesians 4:1-16**

*Christians share fundamental unity and diversity. Our unity consists in the one body, one Spirit, one Lord, one faith, one baptism, and one God. Our diversity is expressed in various forms of ministry whose goal is equipping the saints and building up Christ's one body.*

<sup>1</sup>I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, <sup>2</sup>with all humility and gentleness, with patience, bearing with one another in love, <sup>3</sup>making every effort to maintain the unity of the Spirit in the bond of peace. <sup>4</sup>There is one body and one Spirit, just as you were called to the one hope of your calling, <sup>5</sup>one Lord, one faith, one baptism, <sup>6</sup>one God and Father of all, who is above all and through all and in all.

<sup>7</sup>But each of us was given grace according to the measure of Christ's gift. <sup>8</sup>Therefore it is said,  
“When he ascended on high he made captivity itself a captive;  
he gave gifts to his people.”

<sup>9</sup>(When it says, “He ascended,” what does it mean but that he had also descended into the lower parts of the earth? <sup>10</sup>He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) <sup>11</sup>The gifts he gave were that some would be apostles, some prophets, some evangelists, some

pastors and teachers, <sup>12</sup>to equip the saints for the work of ministry, for building up the body of Christ, <sup>13</sup>until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. <sup>14</sup>We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. <sup>15</sup>But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, <sup>16</sup>from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

L: Word of God, word of Life

**C: Thanks be to God.**

**\*Gospel Acclamation**

Al - le - lu - ia. Lord, to whom shall we go? You have the words of e - ter - nal life. Al - le - lu - ia. Al - le - lu - ia.

**Gospel: John 6:24-35**

P: The Holy Gospel according to St. John the 6<sup>th</sup> chapter.

**C: Glory to you, O Lord.**

<sup>24</sup>When the crowd saw that neither Jesus nor his disciples were [beside the sea,] they themselves got into the boats and went to Capernaum looking for Jesus.

<sup>25</sup>When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" <sup>26</sup>Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. <sup>27</sup>Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." <sup>28</sup>Then they said to him, "What must we do to perform the works of God?" <sup>29</sup>Jesus answered them, "This is the work of God, that you believe in him whom he has sent." <sup>30</sup>So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? <sup>31</sup>Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" <sup>32</sup>Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. <sup>33</sup>For the bread of God is that which comes down from heaven and gives life to the world." <sup>34</sup>They said to him, "Sir, give us this bread always."

<sup>35</sup>Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

P: The gospel of our Lord.

C: Praise to you, O Christ.

**CHILDREN'S SERMON**

*Grace Braun*

**SERMON**

*Pastor Emily Sauer*

**HYMN**

*"I Am The Bread of Life*

**ELW 485**

**AM: \*Apostle's Creed**

**I believe in God, the Father almighty,  
creator of heaven and earth.  
I believe in Jesus Christ, God's only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.\*  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.  
I believe in the Holy Spirit,  
the holy catholic church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting. Amen.**

**Prayers of Intercession**

AM: Lord, in your mercy,  
**hear our prayer.**

We lift our prayers to you, O God, trusting in your abiding grace.  
**Amen.**

## Peace

P: The peace of Christ be with you always.

**C: And also with you. (feel free to do an 'air' high five or a peace sign).**

## Offering

*Thank you for joining us in worship. At this time we will receive the offering for the mission and ministry at St. Olaf Lutheran Church. Our congregation relies on the generosity of God's people to sustain the work of our Lord. You can give by mailing a check to the church or on our Paypal link [paypal.me/stolaffd](https://paypal.me/stolaffd)*

### \* Offering Prayer

AM: O God,  
receive these gifts as you receive us:  
like a mother receives her child, with arms open wide.  
Nourish us anew in your tender care,  
and empower us in faithful service  
to tend to others with this same love,  
through Jesus Christ, our saving grace.

**Amen.**

## Invitation to Communion

**p. 144**

Beloved: here is bread; here is wine. Here is Jesus.  
Come and be fed.

P: The Lord be with you.

**C: And also with you.**

P: Lift up your hearts.

**C: We lift them up to the Lord.**

P: Let us give thanks to the Lord our God.

**C: It is right to give our thanks and praise.**

## Holy, Holy

**p. 144**

### \*Words of Institution

### \*Lord's Prayer

### Our Father

Who art in Heaven

Hallowed be thy name

Thy kingdom come

Thy will be done

On earth as it is in Heaven

Give us this day our daily bread

**And forgive us our trespasses  
As we forgive those who trespass against us  
And lead us not into temptation  
But deliver us from evil  
For thine is the Kingdom  
and the power and the glory  
Forever and ever. Amen.**

### **Prayer after Communion**

AM: Christ Jesus,  
at this table we have feasted on your very life  
and are strengthened for our journey.  
Send us forth from this banquet  
nourished in body and in spirit  
to proclaim your good news  
and serve others in your name.  
**Amen.**

### **\*Blessing**

P: May the God of all creation,  
in whose image we are made,  
who claims us and calls us beloved,  
who strengthens us for service,  
give you reason to rejoice and be glad!  
The blessing of God,  
Sovereign, † Savior, and Spirit,  
be with you today and always.  
**Amen.**

### **HYMN**

*“Son of God, Eternal Savior”*

**ELW 655**

### **\*Dismissal**

AM: Go in peace. Christ is with you.

**C: Thanks be to God.**

### **Assisting in Worship**

Presider: Pastor Emily Sauer  
Assisting Minister: Grace Braun  
Children’s Sermon: Grace Braun  
Reader: Howard Hartman  
Fellowship Hosts: Viv Nore  
Organist: Jason Swedlund  
Greeters & Ushers: NEEDED  
Bus: Fran Long

Sound Tech(s): Marc Matthes  
Mark Oester  
Robert Younie